

I'M A DISCIPLE. WHAT DO I DO WITH MY ANGER?

Ephesians 4:26-27,31

AS A DISCIPLE I NEED TO KNOW THAT...

1. ANGER IS NOT SIN, BUT CAN LEAD _____.

"Be angry..." Also Psalm 4:4

[Jesus] "...looked around at them with anger, grieved at their hardness of heart, and said to the man, 'Stretch out your hand.' He stretched it out, and his hand was restored." Mark 3:5

2. I HAVE THE _____ AND _____
TO CHOOSE MY RESPONSE.

"Be angry but do not sin..." Also Psalm 4:4

3. I SHOULD DEAL WITH MY ANGER _____.

"... do not let the sun go down on your anger" Ephesians 4:26

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4. IF I DON'T _____, THE DEVIL HAS AN OPPORTUNITY.

"and give no opportunity to the devil." **Ephesians 4:27**

"Let all bitterness and wrath and anger and clamor and slander be put away from you, along with all malice." **Ephesians 4:31**

SOME PRACTICAL HELP

1. I MUST _____ TO HANDLE ANGER PROPERLY.

"... discipline yourself for the purpose of godliness." **1 Timothy 4:7 (NASB)**

"Therefore if you have been raised up with Christ, keep seeking the things above, where Christ is, seated at the right hand of God. ² Set your mind on the things above, not on the things that are on earth."

Colossians 3:1-2 (NASB)

2. I MUST _____ MY RESPONSE TO ANGER.

"Be angry, and do not sin; ponder in your own hearts on your beds, and be silent. ⁵ Offer right sacrifices, and put your trust in the LORD." **Psalms 4:4-5**

"But turning and seeing his disciples, he rebuked Peter and said, "Get behind me, Satan! For you are not setting your mind on the things of God, but on the things of man." **Mark 8:33**

"Therefore be imitators of God, as beloved children. ² And walk in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God." **Ephesians 5:1-2**