



Riverbluff Church Listening Guide April 3, 2022

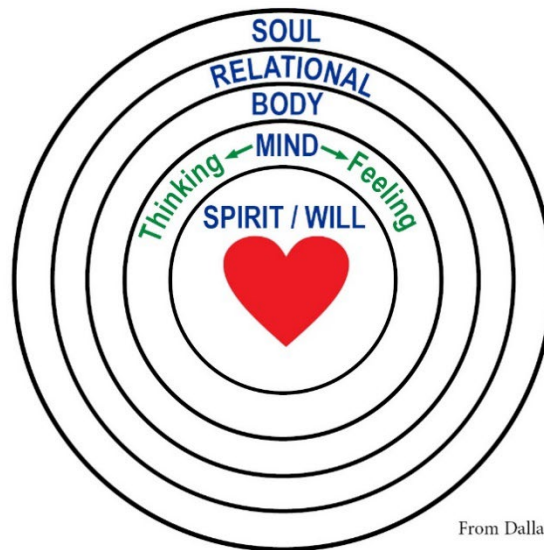
The Heart of the Matter pt6

RENOVATING OUR EMOTIONS

Romans 7:22-25

Romans 7:22-25 (NLT2)

22 I love God's law with all my heart. 23 But there is another power within me that is at war with my mind. This power makes me a slave to the sin that is still within me. 24 Oh, what a miserable person I am! Who will free me from this life that is dominated by sin and death? 25 Thank God! The answer is in Jesus Christ our Lord.



From Dallas Willard

James 4:1 (ESV)

“What causes quarrels and what causes fights among you? Is it not this, that your passions are at war within you?”

1 Peter 2:11 (NLT2)

“Dear friends, I warn you...to keep away from worldly desires that wage war against your very souls.

{You can sketch your own tracks below.}

BIG IDEA:

MY _____ MATURTY

WILL NEVER EXCEED

MY _____ MATURITY

Matthew 15:11 (ESV)

“It is not what goes into the mouth that defiles a person, but what comes out of the mouth; this defiles a person.”

ASKING JESUS TO DEAL WITH HOW I FEEL

Ask Jesus to help you _____ it!

Psalm 55:2 (GW)

“Pay attention to me, and answer me. My thoughts are restless, and I am confused”

Ask Jesus to help you _____ it!

Psalm 26:2 (TLB)

“Cross-examine me, O Lord, and see that this is so; test my motives and affections too.”

Job 15:12-13 (MSG)

“Why do you let your emotions take over, lashing out and spitting fire, Pitting your whole being against God...”

Ask Jesus to help you _____ it!

Philippians 2:5 (NIV)

“Your attitude should be the same as that of Christ Jesus”

Ask Jesus to help you _____ it!

Zechariah 4:6 (NCV)

“You will not succeed by your own strength or power, but by my Spirit,” says the LORD All-Powerful.”

3 EVERYDAY HABITS FOR HEALING FEELINGS

Every day, ask God to _____ !

Galatians 5:22-23 (TLB)

“But when the Holy Spirit controls our lives He will produce this kind of fruit in us: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control...”

Every day, ask God to help me _____ !

Proverbs 13:3 (ESV)

“Whoever guards his mouth preserves his life; he who opens wide his lips comes to ruin.”

Every day: Ask God to help me _____ !

Psalms 119:11 (ESV)

“I have stored up Your Word in my heart, that I might not sin against You.”